



LITHGOW PUBLIC LIBRARY

Inspire Your Imagination, Widen Your World

Lithgow Public Library

45 Winthrop Street, Augusta

May 2018 Newsletter

Volume 18, Edition 5

Library Hours:

Monday - Thursday:

9 a.m. to 8 p.m.

Friday: 9 a.m. to 5 p.m.

Saturday: 9 a.m. to Noon

(207)- 626 - 2415

www.lithgow.lib.me.us

LIKE us on FACEBOOK!

Free Photography Workshops

In honor of National Photography Month in May, we'll be hosting three free photography workshops here at Lithgow. A special thank you to the Capital Area Camera Club, whose members are generously donating their time to lead the workshops!



All workshops will have a limited class size, so please sign up for the classes you are interested in by calling or stopping by the reference desk. You can sign up for as few or as many as you'd like. Please bring your cameras and questions to class!

How to Take Better Photos with Your Phone.

Wednesday, May 16th at 6:30 p.m.
Led by Ray Sheely

How to Use Your DSLR.

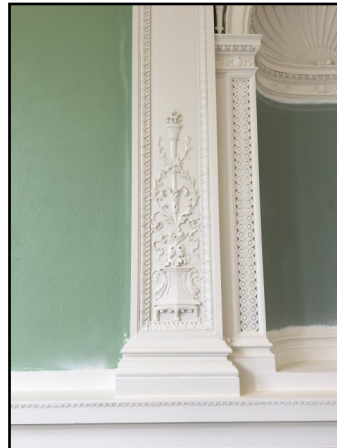
Wednesday, May 23rd at 6:30 p.m.
Led by Gary Smith

Level Up Your Photos with Great Lighting.

Wednesday, May 30th at 6:30 p.m.
Led by Leah Haraden

Restoration of Historic Decorative Paint in Reading Room Underway

Led by Tony Castro & Company, the paint and plaster ornamentation in the Reading Room is being restored to its original colors. The Friends of Lithgow Library are paying for the project with remaining capital campaign money and funds from a successful annual appeal. The room will be closed to the public for the duration of the work.



A brighter green (the historically correct color) will replace the darker.



A craftsman uses delicate brushstrokes to paint woodwork.

Look Twice, Save a Life: Sharing the Road with Motorcycles

Thursday, May 24 at 6:30 p.m.

As the weather warms up, motorcyclists will take to the roads in pursuit of Maine's beautiful scenery. Come to this engaging and informative presentation by Steve Ireland of Central Maine Motorcycle School to learn how to be more aware of motorcycles on the road.



The life you save could be your own!

Simons and Goodwin Acoustic Folk Concert

Tuesday, May 22 at 6:30 p.m.

Bob Simons and Renee Goodwin have known each other for more than 40 years, meeting when they were both involved in the great folk music scene of the 60's.

Joining forces in 2006, they've been performing Americana music ever since, including soft rock, country, blues, pop standards and, of course, both traditional and contemporary folk. Simons and Goodwin have performed here at Lithgow several times over the last two decades, always to appreciative audiences, and we are excited to welcome them back again.

Free and open to the public!



S.E.A.R.C.H.

Information and Recruitment Meeting

Monday, May 14 at 10 am.

SEARCH is a program of Catholic Charities which connects isolated seniors with community volunteers in Kennebec county and other counties in the state. If you are interested in becoming a volunteer or if you are in need of or know someone who would benefit from this program, please attend this meeting.



Farmers' Market at Mill Park Story Time

Tuesdays at 4:30 p.m.
May to October

For more information about
the market, visit:

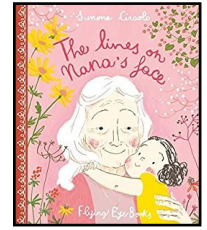
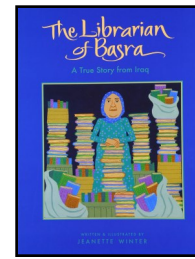
<http://millparkmarket.com/>



Food for Thought

Wednesday, May 9 at 6 p.m.

Book discussion group for
ages 3 to 8 and their caregivers.
Please see Kate in Youth Services



This is the last Food for Thought
program until October.

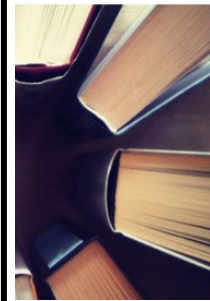


Sharks4Kids



The goal of the presentations is to engage students and get them excited about sharks. We want to dispel some of the myths surrounding these amazing animals while encouraging kids to be good junior scientists and global citizens; what they do matters, and they can make a difference for sharks no matter who they are or where they live.

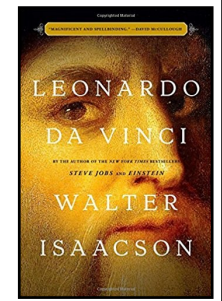
Thursday, May 17 at 6 p.m. Ages 8 to 12



Lithgow Library Book Club

"Leonardo da Vinci"
by Walter Isaacson

Wednesday, May 9
6:30 to 7:30 p.m



NEW! Thoughtful Thursday Play 10 a.m. in Youth Services

Come join us as we share stories, songs, and fun for children ages 3-5 and their parents or caregivers.



Thoughtful Thursdays will be all about exploring topics like identifying & managing feelings, learning techniques to focus and calm down, expressing gratitude, and many others. Sometimes we will include calming activities like yoga and arts & crafts. We

are fortunate to have children's yoga Instructor Meghan Reitchel, RYT 200, of Firefly Kids Yoga leading us in yoga from time to time! Meghan's classes blend age-appropriate yoga poses with energizing music, yoga games and crafts, mindful moments, and plenty of smiles into each session.

The Stitchery A Fiber Arts Group

Tuesday, May 15 from Noon-1 p.m.

Bring your project (and your lunch, if you'd like) and hobnob with knitters, crocheters, embroiderers, felters, weavers, quilters, tatters, spinners, and other fiber fans. Come for advice, inspiration, or just to chat with like-minded crafters.

All ages and experience levels welcome.

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Gary LaPierre
Cecil Munson
Carol Saunders
Michael Tardiff

The Basics:

Memory Loss,
Dementia, and
Alzheimer's Disease



Thursday, May 31 at 6:00 p.m.

Join us for this informative program led by the Alzheimer's Association to learn the basic information that everyone needs to know about memory loss issues and what they mean for all of us.

Introduction to Yoga

Bring your yoga mat and join certified instructor, Angela Gray, in this free, three-week introduction to flow yoga course series. Participants will build on their skills each week, becoming more comfortable with basic yoga movements.



[This class size is limited, so please call or visit the library to register.](#)

