



Inspire Your Imagination, Widen Your World

Lithgow Public Library

45 Winthrop Street, Augusta

February 2023 Newsletter

www.lithgowlibrary.org

LITHGOW PUBLIC LIBRARY

Library Hours:

Monday - Thursday:
9 a.m. to 8 p.m.
Friday: 9 a.m. to 5 p.m.
Saturday: 9 a.m. to Noon
(207)- 626 - 2415
Follow us on Instagram!
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Upcoming Library Closures:

Monday, February 20
In observance of Presidents' Day



Being Well at Lithgow:

A Mindfulness and Wellness Educational Series

Monthly events through June.



"Sound Bath Soulfulness"

A Sound Bath is a deeply immersive, full-body listening experience that intentionally uses sound to relax, balance, and center you. Join Erik D. Giguere, RN, Sound Healing Practitioner, Reiki M/T and Natural Health Consultant, as he helps you experience how a sound bath/meditation can assist your best wellness.

You may bring a yoga mat.

Wednesday, February 1
6 to 7:30 p.m.

Yarn Swap



Saturday, February 18 from 9 to 11:30 a.m.
Snow date: Saturday, February 25

Have a ton of yarn you've collected but haven't used? Need some fresh yarn for a new project? Lithgow Library is bringing back its annual yarn swap! Bring your yarn in early - accepting donations now.

Tax Tips Program

Do you have questions about filing your taxes? Did you know that errors in tax preparation are by far the most common reason for delayed tax refunds? Taxpayer Advocate Mark Carrell will answer your general questions about filing. Learn when to file, how best to file, and common mistakes made in filing.

Wednesday, February 1 at 1 p.m.

A virtual option is also available.

To register:
<https://networkmaine.zoom.us/j/9251162820>

Or scan the QR Code:



Special Programs for Teens



Pal-entine's!

Beat the Valentine's Day pressure with a teen craft to appreciate yourself and your friends.

Tuesday, February 14
4 p.m.

Exploring Relationships



A conversation for teens about dating, relationship safety, and self-care.

Thursday, February 23
3 to 4 p.m.



To register for either program, email: teen@lithgowlibrary.org

These programs are in conjunction with The Family Violence Project.

STEAM Kids

Starting in February

2nd Monday of every month
from 3:30 pm to 4:30 pm

Join Ben for our new monthly program to explore some fascinating science, artistic methods, math ideas, and innovative technology with a series of hands-on experiments and activities!

For ages 5 to 8.



Boutique Book Bags are going on hiatus.



Requests accepted until February 28.

The Boutique Book Bag program will be going on hiatus. Requests will be accepted until February 28. The staff at Lithgow had no idea how this program would be received, and we are thrilled with the response. We want to thank everyone who participated and assure you that we are just taking a break to come up with fresh ideas and books for our collection.

See you in September!

Food for Thought

What is Food for Thought?

We'll discuss food-related books, enjoy a snack, and complete a fun, book-related activity. For children 3 to 8 (with a parent or guardian).

Every first Wednesday at 6 p.m.

Interested in joining us?

Contact the Youth Services department.

Wednesday, Feb. 1 at 6 p.m.



We are still waiting to see if any of our tagged butterflies were found along their journey or at their migration location. This information will be on the monarchwatch.org website under "View Tag Recoveries." So far, the website has not updated the information for 2022 tag recoveries. I'm sure the data is still being collected. I encourage you to check out the website as it provides lots of interesting information. We will post another update in a future newsletter.

-Miss Kellie, c/o Youth Services

Lithgow Library Board of Trustees

Sara Bangs
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Gary LaPierre
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Michael Tardiff

Tween Scene: Have a Heart



Let's celebrate hearts - Because February is not just for Valentine's Day, it's American Heart Month, too!

Wednesday, February 15 at 6 p.m.

We will learn about the heart and do some cool experiments. And, of course, we will play some heart-themed games and make some no-bake heart treats. Finally, let's make some Valentines for our Vets at the Maine Veterans' Home - I am sure they will love them even if they are a bit late.

Registration is necessary:

Please call: 626-2415, or email Kathy at kathleen.petersen@lithgowlibrary.org

Save the Date!

The Kennebec Garden Club Presents:

Art in Bloom

Saturday, March 25th, from 10-2

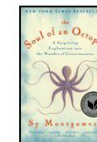
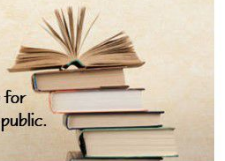
Celebrate the anticipation of spring with art and Hollywood-inspired floral designs throughout the library, including a piano performance by Marcia Gallagher.

This event is free and open to all.



Lithgow Book Club

A monthly book discussion group for adults that is free and open to the public. Reserve your copy today!



The Soul of an Octopus

by Sy Montgomery

Wed., February 8 at 6:30 p.m.

The Whalebone Theatre

by Joanna Quinn

Wed., March 8 at 6:30 p.m.

